



BioPsychoSocial Clinic

Dr. Emilia Saulle

Consultant Neurologist

Dr. Emilia Saulle is an Italian board-certified Consultant Neurologist with over 20 years of experience. Originally from Italy, she worked in the United Kingdom for more than a decade, before moving to Dubai where she has been working for the last 10 years as a Consultant Neurologist.

Dr. Saulle combines clinical assessments, medication management, and lifestyle modifications to optimize neurological health. She prioritizes compassionate communication, patient education, and collaborative decision-making to deliver personalized, precise care aimed at enhancing quality of life.

She specializes in a broad spectrum of neurological conditions including headache and migraine, cognitive decline and neurodegenerative disorders, epilepsy, multiple sclerosis, TIAs, peripheral nerve disorders.

Dr. Emilia Saulle is an accomplished Italian board-certified Consultant Neurologist with over 20 years of extensive clinical experience. She specializes in the diagnosis and management of a wide range of neurological conditions, including headaches and migraines, cognitive decline and dementia, epilepsy, stroke, multiple sclerosis, Parkinson's disease, and peripheral nerve disorders. Originally from Italy, she completed her neurology specialization at the University Tor Vergata in Rome and then relocated to the United Kingdom, where she served as a full-time Consultant Neurologist at the Heart of England NHS Foundation Trust, working across Birmingham Heartlands and Solihull Hospitals for more than a decade. In 2015, Dr. Saulle moved to Dubai, where she currently practices as a licensed Consultant Neurologist under the Dubai Health Authority.

Throughout her career, she has been committed to providing patient-centered care, utilizing the latest evidence-based practices. She also actively participates in ongoing medical education to stay current with advancements in the field. She has managed a broad range of neurological conditions, both acute and chronic, in outpatient and inpatient settings.

Dr. Saulle is registered with the General Medical Council and the Neurology register in the UK and holds a Fellowship with the Royal College of Physicians (FRCP) in London. Her expertise and commitment to patient care continue to make her a respected figure in the field of neurology.

Works with Patients:

16 and above

Languages:

English, Italian

Settings:

- In-person consultations

Services Offered:

Comprehensive evaluation of neurological symptoms, detailed history, physical examination with cognitive assessment, and diagnostic planning.

Evidence-based medical management and personalized treatment plan, tailored to the patient's diagnosis, lifestyle, and long-term health goals.

Evaluation for further diagnostic testing including

- EEG (Electroencephalography)
- EMG/Nerve Conduction Studies
- MRI and CT Brain Scan Interpretation

Headache & Migraine Clinic: Targeted migraine management including medication optimization, lifestyle interventions, and preventive therapy.

Dedicated Memory & Cognitive Health Assessment (One-Stop clinic): Screening for memory loss, early cognitive decline, or concerns related to ageing, perimenopause/menopause, or neurodegenerative conditions.

Qualifications and Memberships

- Medical Degree cum laude
- CCST in Neurology cum laude
- Fellow of the Royal College of Physicians (London, UK)
- UK General Medical Council, n°6089819
- Dubai Health Authority, n°00149575-001

